

CC6 League Race 8 – Fleming Park

Hosted by Itchen Spitfires RC, Hedge End RC & Eastleigh RC

Welcome to the final race of the 2021/22 season at Fleming Park, Eastleigh on Sunday 27th March, hosted by Itchen Spitfires, Hedge End and Eastleigh.

The race will start at 09:30 promptly

The race start/finish area will be in the main field located at Fleming Park, Eastleigh, Passfield Avenue SO50 9NJ.

The course itself is approximately 4.6mi (7.4km), consisting of 3 laps of the attached route. The route is predominantly on grass with elements of gravel track.

Please find the course map below;



The park is popular with dog walkers, cyclists and young people so please be mindful of this whilst running. Do not run on the gravel cycleway, unless directed to do so by the marshals. There are no toilets or changing facilities at the location.

Parking

Parking is available at the Leisure Centre car park. There is also on-street parking on the streets nearby. Please, park considerately and car share where possible. Alternatively, use public transport, cycle or walk / jog to the venue. **Please do not park at the Pavilion on the Park car park.**

Alton Sports

We will have Alton Sports with us on the day, offering Runner Offer goodie bags. For £10, athletes will receive:

- Race nutrition
- A voucher for Buy One Get One Free Running Shoes in stores
- A voucher for 25% off anything else at the time of purchase
- A pair of technical running socks (worth £13.99 alone!)

Covid-19

If you feel unwell, display symptoms of Covid 19 or have been in contact with a positive case, do not attend. If you show symptoms of Covid 19 or test positive within 10 days of the event, please inform the event organiser.

Lastly, have a great race!

Jamie & Rosie – Itchen Spitfires

Carlo – Hedge End

Mary - Eastleigh