CC6 – Totton RC race notes

Date: Sunday 13th February Start: 9:30am prompt

Race distance: 4.3m (6.9km) approximately. Hilly, gravel tracks.

Event HQ/Car Parking (SO43 7HH) – Ocknell Campsite

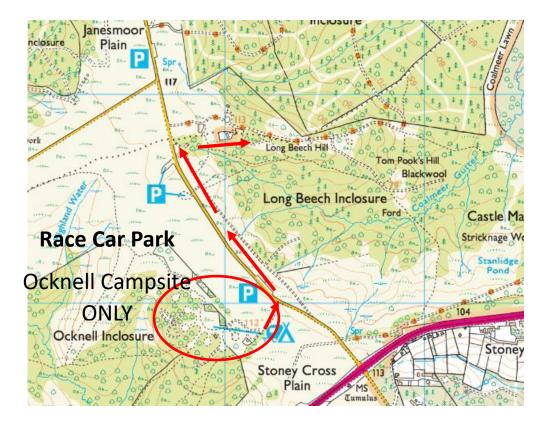
The HQ/Car Park gate will be open from 8:00am and will close at 12:00pm

Ocknell Campsite is the HQ for this event and is the **ONLY** allowed car park in line with Forestry England guidelines. All other car parks are out of bounds along with any verge parking. Any deviation from this will severely jeopardise any future events.

The Start/Finish is at Longbeech campsite. <u>No set-up of tents, flags or gazebos are allowed in</u> this area.

The Start is located at the foot of the campsite track. The Finish is located at the top of Longbeech hill.

To access the start area from the HQ, follow the path out of the car park and along the roadside. Take care walking along the road. Please follow the marshal's instructions. Walking is not allowed across open heathland. Please allow <u>**15-20mins**</u> to get to the start area.



Setup area:

Ocknell Campsite

The race set up area is at Ocknell Campsite. Tents are allowed on the hard standings, but no tent pegs are to be used in the grassy areas.

Refreshments:

There will be water available at the event HQ area at Ocknell. Please bring your own cup or drinking bottle as cups will not be provided.

There will a selection of cakes available in CC6 tradition. A special thanks to the members of Totton Running Club for all their contributions.

Facilities:

Note:

There are **<u>NO toilet</u>** facilities available at the event HQ, Ocknell campsite or at the Start/Finish area.

Forestry England have been explicit in giving their permission for this event that participants and marshals cannot relieve themselves in the open forest; see following extract:

- Participants are made aware that there are no toilet facilities at this event.
- Due to the sensitivities of the New Forest, participants cannot relieve themselves in the open forest.
- Marshals to be briefed about this and inform participants accordingly.

Please go before you arrive!

Please also note the car park will be closed at 12pm prompt. If you wish to run or walk after the event you will have to move your vehicle to another location after the event

COVID

Face coverings are no longer required but wear one if you are at all concerned. The start will be in a wide-open area so plenty of room to spread out. If you have tested Positive, please do not attend. Refer to the latest Govt advice: <u>https://www.gov.uk/coronavirus</u>

Special thanks to Forestry England for their kind permission to use the forest and their support throughout organising this event.

A big thank you to all the Totton helpers and marshals.

Have a good race.....Steve Wallington